



## Green Mountain Stage Race 2016 Pre-Race Communiqué

Welcome all Green Mountain Stage Race 2016 competitors.

Throughout the stage race, all 2016 USAC rules will apply. In some instances there are GMSR specific penalties. Refer to the GMSR 2016 Technical Guide for details. The 2016 USA Cycling Rule Book can be found at <http://www.usacycling.org/news/user/story.php?id=4220>. Any monetary fines incurred during this event must be paid directly to USA Cycling within 15 days.

Please review the cautions for each stage as outlined in the GMSR 2016 Technical Guide ([www.gmsr.info](http://www.gmsr.info)).

Any changes to an up-coming stage will be noted in the daily race communiqué. Race communiqués will be posted with the results.

### General Reminders for Stage Race

- USAC rule 3B1 (all riders must keep to the right of the center line or enforcement line ) is in effect for Stages 1, 2, & 3 and will be ***strictly enforced***. USAC officials have the authority to ask riders to immediately withdraw from the race for violations. Riders that have been asked to withdraw will be disqualified from the applicable stage and are ineligible to compete further in the stage race.
- Competitors must obey all vehicle and traffic laws while warming up, cooling down, or riding to/from race venues. Riders ***MUST YIELD*** to emergency vehicles. Failure to do so will result in immediate disqualification, a monetary fine and possible arrest and prosecution under Vermont Law.
- USAC rule 1J1 (“helmet rule”) is in effect from the start of registration (Thursday 8/28) until the last awarding of prizes on Monday (9/5). \$20.00 fine/occurrence for non-compliance.
- All 3 numbers (2 body, 1 frame) must be used ***EVERY*** stage. Refer to the GMSR16 Tech Guide for the specific position for each stage.
- Competitors must complete the entire distance each day in order to start the next stage.

**Support cars** are reminded that they are not block the normal flow of traffic. Per USAC rule 8A5(a), a monetary fine of \$150.00 will be assessed for reported infractions. **Support personnel** are reminded that no team or individual support is allowed. Under no circumstances may team or individual support cars follow any riders during any stage of the race. Monetary fines and possible disqualification of riders for reported infractions

### Reminders for Stage 1: Warren Store Individual Time Trial

- **Missed starts:** Competitors missing their start time should report to the start area as soon as possible to be started by an USAC official. Finish time will be based on posted start time. Competitors that miss their start, and do not report to the start line to ride the time trial, will not be given a time for the stage, and will be disqualified from the stage race.
- Your start is your sign-in
- Riders must ride single file at all times when returning to the start after finishing their race. There will be a **1 minute GC time penalty and up to a \$100 fine** for any rider that fails to do so.
- Only mass start legal bikes & equipment may be used for this stage